

## PRESIDENT'S MESSAGE

The past two and a half years have been difficult and unprecedented times for our families and communities. Through a pandemic and the traumas we continue to collectively face as re-discoveries continue across former residential school sites, the time to heal together is critical.

We see you overcome the pain, uncertainty and related stress and anxiety. We would love you to share a symbolic message for yourself, your family, to other women and our communities, that hope abounds. Through the vision and insight of our Métis sister Brenda White from Prince Albert, Saskatchewan, LFMO launched the "Grandmother Ribbon Campaign" in Spring 2020 to spread hope, light and joy across the Motherland.

Two years later, we continue to send out purple Grandmother Ribbons to encourage you and your loved ones to hang them in your windows, on your front lawn or around your neighbourhood. The message we want to convey is that this time will pass and will make way for better, brighter days until when we can join together as strong Métis women, 2SLGBTQQIA+ folks, kinship networks and communities.

## PURPLE -THE HEALING COLOUR

Purple is the healing colour of our grandmothers. Combining the calm stability of blue and the fiery passion associated with red, purple is a sacred colour that represents spirituality, justice and royalty. One of the most expensive colours as dye, throughout history purple has been almost exclusively worn by revered and sacred figures and so carries the message of ceremony and tradition.

Additionally, the colour purple both calms and stimulates the body, so that we may heal and self-reflect at the same time to create a balance of harmony and awareness.



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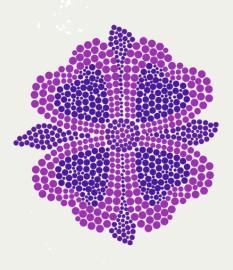
@womenofthemetis



@lesmichif



Women of the Métis Nation - Les Femmes Michif Otipemisiwak (group)



Share your ribbons online & tag us!



## LFMO's Grandmother Ribbon Campaign

The second wave of COVID-19 has brought uncertainty to many. In response, LFMO is launching its **Grandmother Ribbon Campaign** to share the message that hope abounds!

We encourage everyone to hang the ribbons on trees, in their windows and to share on social media a message of **healing**, **light and hope** that we will soon be together again.



We have mailed ribbons to each of the provincial Métis women's groups and we encourage you to reach out to them to get a ribbon OR we can mail them to you directly if you reach out to tamsinf@metiswomen.org